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## Emily M. Choquette, PhD

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Laureate Institute for Brain Research  
6655 S Yale Ave  
Tulsa, OK 74136

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### Current Position

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Associate Investigator  
Laureate Institute for Brain Research, Tulsa, OK

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### Education

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- 2017 – 2021      **PhD in Clinical Psychology**  
**University of South Florida**, Tampa, FL  
APA Accredited, Member of the Academy of Psychological Clinical Science  
Dissertation: An ecological momentary assessment of disordered eating behaviors within alcohol use episodes: Determining temporal sequencing in food and alcohol disturbance (FAD)  
Major Professor: Diana Rancourt, PhD
- 7/2020 – 7/2021      **Predoctoral Intern, Clinical Psychology**  
**Michael E. DeBakey VA Medical Center**, Houston, TX  
APA Accredited, General Psychology Internship  
Director: Ellen Teng, PhD
- 2014 – 2017      **M.A. in Clinical Psychology**  
**University of South Florida**, Tampa, FL  
Co-Chairs: J. Kevin Thompson, PhD and Diana Rancourt, PhD
- 2010 – 2014      **B.A. in Psychology**  
**Wake Forest University**, Winston Salem, NC  
Psychology Honors Thesis Supervisor: Steven Davis, MA  
Graduated Summa Cum Laude

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### Licensure

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Licensed as a Psychologist in the state of Oklahoma (#1450)

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### Positions

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- 2023      **Research Associate**, Laureate Institute for Brain Research
- 2021 – present      **Volunteer Faculty**, University of Oklahoma Health Sciences Center
- 2021 – 2023      **Postdoctoral Research Associate**, Laureate Institute for Brain Research  
Mentors: Sahib Khalsa, MD, PhD and Robin Aupperle PhD  
Clinical Supervisor: Robin Aupperle PhD

- 2020 – 2021      **Psychology Intern**, Michael E. DeBakey VA Medical Center, Houston, TX  
 Rotations and *Supervisors*: Clinics and Services: Center for the Innovative Treatment of Anxiety and Stress (CITRAS) *Ellen Teng, PhD & Caitlin Clark, PhD*; Women’s Health Clinic Primary Care and Mental Health Integration (PCMHI) *Alison Sweeney PsyD*; Behavioral Health Program (BHP) PCMHI *Octavia Jackson, PhD*; Women’s Health Program Administration *Deleene Menefee PhD*; PTSD Clinical Team: PTSD/SUD Co-occurring treatment *Charity Hammon, PhD*; BHP Neuropsychology Outpatient Clinic *Adam Christensen PhD*
- 2018 – 2020      **Assistant Director**, Psychological Services Center, University of South Florida, Tampa FL  
 Supervisor: Jack Darkes, PhD
- 2018 – 2019      **Clinical Practicum Student**, Stress Treatment Program, Bay Pines VA, St. Petersburg, FL  
 Supervisor: Kellie Hyde, PsyD
- 2017 – 2018      **Clinic Extern**, Psychological Services Center, University of South Florida, Tampa FL  
 Supervisor: Jack Darkes, PhD
- 2017 – 2018      **Clinical Practicum Student**, PTSD Clinic, James A. Haley VA Hospital, Tampa, FL  
 Supervisors: Shannon Miles, PhD and Brittany Davis, PhD
- 2017 – 2018      **Graduate Research Assistant**, Veteran Arts Project  
 Art2Action, CINDRR, and University of South Florida Collaboration  
 Supervisor: Jack Darkes, PhD
- 2016 – 2017      **Clinical Practicum Student**, Eating Disorder Partial Hospitalization Program and OCD programs, Rogers Behavioral Health, Tampa, FL  
 Supervisor: Josh Nadeau, PhD
- 2015 – 2020      **Clinical Practicum Student**. Psychological Services Center, University of South Florida, Tampa FL  
 Experiences and *Supervisors*:  
 Health and Wellness Supervision Group USF *Diana Rancourt, PhD*; General Mental Health Adult Supervision Groups *Holly Steele, PhD, James Epps, PhD, & Jack Darkes, PhD*; Adjunctive Assessment Supervision Group *Margaret Booth-Jones, PhD*
- 2014 – 2021      **Graduate Research Assistant**, University of South Florida, Tampa, FL  
*Body Image Research Group*  
 Co-Major Adviser: J. Kevin Thompson, PhD  
  
*Disordered Eating Prevention, Treatment and Health (DEPTH) Lab*  
 Co-Major Adviser: Diana Rancourt, PhD

2013 – 2014	<b>Undergraduate Independent Researcher/ Co-Principal Investigator</b> , Emotions Lab, Wake Forest University Supervisor: Christian Waugh, PhD
2012 – 2014	<b>Undergraduate Research Assistant</b> , Emotions Lab, Wake Forest University Supervisor: Christian Waugh, PhD

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### Honors and Awards

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2020, 2017	USF Office of Graduate Study, International Travel Award (\$1,500 each)
2019, 2016, 2015	USF Student Government Travel Award (\$500 each)
2018 – 2019	Psi Chi, Mamie Phipps Clark Diversity Research Grant (\$1500) for Dissertation
2016	USF Clinical Alumni Award for Citizenship
2014 – Present	Phi Beta Kappa Honor Society, Member
2013	Undergraduate Research and Creative Activities Center, Wake Forest University, Research Fellowship (\$4,000)
2013	Undergraduate Research and Creative Activities Center, Wake Forest University, Grant (\$500)
2012 – Present	Golden Key Honour Society, Member
2012 – 2014	Psychology Honors Program student, Wake Forest University
2011 – Present	Psi Chi International Honor Society in Psychology, Member

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### Peer Reviewed Publications

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1. **Choquette, E. M.**, Flux, M. C., Moseman, S. E., Chappelle, S., Naegele, J., Upshaw, V., Morton, A., Paulus, M. P., Feinstein, J. S., & Khalsa, S. S. (2023). The impact of floatation therapy on body image and anxiety in anorexia nervosa: a randomised clinical efficacy trial. *eClinicalMedicine*. <https://doi.org/10.1016/j.eclinm.2023.102173>
2. McNaughton, B. A., Burrows, K., **Choquette, E. M.**, Poplin, T., Kuplicki, R., Paulus, M., Ironside, M., & Stewart, J. L. 2023. (In Press, Journal of Psychiatric Research). Impaired Eating Behaviors but Intact Metabolic Hormone Levels in Individuals with Major Depressive Disorder and Generalized Anxiety Disorder.
3. Berg, H.,... **Choquette, E. M.**, ... & Aupperle, R. L. (2023). A Randomized Clinical Trial of Behavioral Activation and Exposure-Based Therapy for Adults with Generalized Anxiety Disorder. *Journal of Mood and Anxiety Disorders*, 100004.
4. Cunning, A., Peterson, C., **Choquette, E.M.**, Rodgers, R. F., & Rancourt, D. (2022). Application of the sociocognitive model of internalized stigma to weight: The role of weight controllability beliefs on obligatory exercise engagement. *Stigma and Health*, 7(3), 326.
5. Rancourt, D., **Choquette, E. M.**, Ahlich, E., Lang, B. M., Verzijl, C. L., Palermo, M., & Belzak, W. (2022). Invariance of the Eating Disorder Inventory-Drive for Thinness subscale across university and community samples. *Psychological assessment*, 34(4), 341–352.

6. Sciarrino, N. A., Moschetto, J. M., **Choquette, E. M.**, Davis, B. C., & Bannister, J. A. (2020). Understanding the impact of attachment insecurity on PTSD symptoms among male Veterans and military personnel. *Military Psychology*, 32(5), 379-389.
  7. **Choquette, E. M.**, Dedrick, R., Thompson, J. K., & Rancourt, D. (2020). Reexamination of the psychometric properties of the Compensatory Eating and Behaviors in Response to Alcohol Consumption Scale (CEBRACS) and exploration of alternative scoring. *Eating Behaviors*. 38.
  8. Rancourt, D., Ahlich, E., **Choquette, E. M.**, Simon, J., & Kelley, K. (2020). A comparison of Food and Alcohol Disturbance (FAD) in sorority and non-sorority women. *Journal of American College Health*.
  9. Rancourt, D., Brauer, A., Palermo, M., **Choquette, E. M.**, & Stanley, C. (2020). Response to Tomalski et al. (2019): Recommendations for adapting a comprehensive athlete mental health screening program for broad dissemination. *Journal of Sport Psychology in Action*, 11(1).
  10. Lagacey, M., **Choquette, E. M.**, Ahlich, E., & Rancourt, D. (2020). Food and alcohol disturbance by athlete status: the roles of drive for thinness, drive for muscularity and sex. *Journal of American College Health*.
  11. Ahlich, E., **Choquette, E. M.**, & Rancourt, D. (2019). Body talk, athletic identity, and eating disorder symptoms in men. *Psychology of Men and Masculinity*, 20, 347-355.
  12. **Choquette, E. M.**, Rancourt, D., & Thompson, J. K. (2018). From fad to FAD: A theoretical formulation and proposed name change for “drunkorexia” to food and alcohol disturbance (FAD). *International Journal of Eating Disorders*, 51, 831-834.
  13. **Choquette, E. M.**, Ordaz, D. L., Melioli, T., Delage, B., Chabrol, H., Rodgers, R., & Thompson, J. K. (2018). Food and Alcohol Disturbance (FAD) in the U.S. and France: Nationality and gender effects and relations to drive for thinness and alcohol use. *Eating Behaviors*, 31, 113-119.
  14. Ordaz, D. L., Schaefer, L. M., **Choquette, E. M.**, Schueler, J., Wallace, L., & Thompson, J. K. (2018). Thinness pressures in ethnically diverse college women in the United States. *Body Image*, 24, 1-4.
- \*Indicates equal contributions

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### Pre-Prints / Manuscripts Under Review

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1. Berry, K., **Choquette, E. M.**, Looby, A., & Rancourt, D., *An intoxicating idea: Food and Alcohol Disturbance (FAD) a systematic literature review*. Manuscript in preparation (International Prospective Register of Systematic Reviews [PROSPERO] registered; Under Review).
2. **Choquette, E. M.**, Forthman, K., Kirlic, N., Stewart, J.L., Cannon, M.J., Akeman, E., ... Aupperle, R.L., Impulsivity, trauma history, and interoceptive awareness contribute to completion of a criminal diversion substance use treatment program for women. Available at SSRN: <https://ssrn.com/abstract=4234848> or <http://dx.doi.org/10.2139/ssrn.4234848> (Under Review)

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## Manuscripts in Preparation

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1. **Choquette E.M.**, Adamic E.M., Ralph-Nearman C., Flux M.C., Chappelle S., Naegele J., Upshaw V., Morton A., Touthang J., Ly R., Feusner J.D., Arevian A.C., Moseman S.E., Paulus M.P., Feinstein J.S., & Khalsa S.S. *Longitudinal impact of floatation therapy on body image dissatisfaction and disordered eating symptoms in anorexia nervosa* (Writing in progress).
2. Adamic, E.,\* **Choquette, E.M.**,\* Teed, A.R., & Khalsa, S.S. *Elevated anxiety during interoceptive uncertainty in anorexia nervosa versus generalized anxiety disorder*. (Editing in progress)
3. **Choquette, E.M.**, Rodgers, R., Lowry, A.S., Schaefer, L.M., & Thompson, J.K. *Development and validation of the Sociocultural Influences Towards “Healthy” Weight Scale*. (Resubmission in progress)

\*Indicates equal contributions

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## Book Chapters

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Boepple, L., **Choquette, E. M.**, & Thompson, J. K. (2016). Body distortion: Perceptual measurement of body image disturbance. In T. Wade (Ed.), *Encyclopedia of Feeding and Eating Disorders* (pp. 1-3). Singapore: Springer Singapore.

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## Conference Talks and Invited Panels

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1. **Choquette, E.M.** (2023, August) *Floating toward recovery: Float assisted psychotherapy for anorexia nervosa*. Float Conference, Louisville, KY.
2. **Choquette, E.M.**,\* Adamic, E.,\* Teed, A.R., & Khalsa, S.S (2023, June) *Elevated anxiety during interoceptive uncertainty in anorexia nervosa versus generalized anxiety disorder*. International Conference for Eating Disorders, Washington DC.
3. Berry, K.A., **Choquette, E.M.**, Rancourt, D., Briles, E., & Looby, A. (2023, March). Methodological issues in the assessment of food and alcohol disturbance: A systematic review. In A. J., Bravo (Chair), Novel measurement and assessments for understanding addiction across diverse populations. Symposium to be presented at the 11th annual meeting of the Collaborative Perspectives on Addiction, Albuquerque, NM.
4. **Choquette, E.M.**, (2022, August). *Floatation Therapy in Anorexia Nervosa: Longitudinal Impacts on Body Image*. [Paper presentation]. Float Conference, Portland, Maine.
5. **Choquette E.M.**, Adamic E.M., Ralph-Nearman C., Flux M.C., Chappelle S., Naegele J., Upshaw V., Morton A., Touthang J., Ly R., Feusner J.D., Arevian A.C., Moseman S.E., Paulus M.P., Feinstein J.S., & Khalsa S.S. (2022, June). *Longitudinal impact of floatation therapy on body image dissatisfaction and disordered eating symptoms in anorexia nervosa* [Paper presentation]. International Conference for Eating Disorders, Virtual Conference.
6. **Choquette, E.M.**, Staples, C., & Rancourt, D. (2020, June). *Determining Temporal Sequencing in Food and Alcohol Disturbance: A preliminary investigation of a proposed theoretical model*. Oral presentation at the International Conference for Eating Disorders, Virtual Conference.

7. **Choquette, E. M.** & Palermo, M. (2019, September). *Mental health in collegiate athletes*. Invited presentation at St. Leo University Athletics Department, St. Leo, FL.
8. **Choquette, E. M.** (2019, April). *SMART goals in mentorship*. Invited presentation at the USF Diversity Committee Mentorship Workshop, University of South Florida, Tampa, FL.
9. Assaf, A., Besterman-Dahan, K., Brink, R., **Choquette, E. M.**, Downs, K., Hangartner, R. and Jones, P. (2017, October). *Measuring success: Developing community impact metrics*. Panel and Discussion given at Creative Forces Summit, Straz Center, Tampa FL.
10. **Choquette, E. M.** (2017, October). *Theoretical modeling and psychometric validation of the Compensatory Eating and Behaviors in Response to Alcohol Scale*. Presentation at USF Clinical Psychology Area Meeting, University of South Florida, Tampa, FL.

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### Conference Presentations

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#### International Conferences

1. McNaughton, B. A., Burrows, K., **Choquette, E. M.**, Pleiman, A. J., Poplin, T., Kuplicki, R., Victor, T. A., Savitz, J., Aupperle, R. L., Khalsa, S. S., Paulus, M. P., & Stewart, J. L. (April 2023). Impaired Eating Behaviors but Intact Metabolism Biomarker Levels in Individuals with Major Depressive Disorder and Generalized Anxiety Disorder from the T1000 Cohort. Poster presented at the Society of Biological Psychiatry 2023 Annual Meeting, San Diego, CA.
2. Aupperle, R., Stewart, J., Kuplicki, R., Cannon, M., **Choquette, E.**, & Paulus, M. (2022, December). Impact of a Substance Use Treatment Program for Women on Negative and Positive Urgency and Relationships to Striatal Responsivity to Reward. In *NEUROPSYCHOPHARMACOLOGY* (Vol. 47, pp. 457-458). CAMPUS, 4 CRINAN ST, LONDON, N1 9XW, ENGLAND: SPRINGER NATURE.
3. Yu, X., Kuplicki, R., McMillan, N., Mesker, M., Forthman, K., **Choquette, E.**, Paulus, M., Stewart, J., Aupperle, R., & Kirlic, N. (2022). *The Relationship Between Interoceptive Awareness and Substance Use Treatment Program Completion*. The Society of Biological Psychiatry Annual Meeting, New Orleans, LA.
4. Staples, C., **Choquette, E.M.**, & Rancourt, D. (2020, June). *Comparing Models of Thinness and Muscular Internalization Predicting Disordered Eating Symptoms and Muscularity Behaviors in Men*. Poster presented at the International Conference for Eating Disorders, Sydney, Australia.
5. Palermo, M., **Choquette, E.M.**, Nihalani, S., & Rancourt, D., (2020, June). *Extrinsic and Intrinsic Athletic Identity in Relation to Disordered Eating Behaviors*. Poster presented at the International Conference for Eating Disorders, Sydney, Australia.
6. Uzoegwu, K., Verzijl, C. L., **Choquette, E. M.**, Rancourt, D., & Rodgers, R. F. (2019, March). *Predicting weight stigma: Associations with thin ideal internalization and beliefs about weight neutrality and weight control*. Poster presented at the International Conference for Eating Disorders, New York, NY.
7. Peterson, C., Verzijl, C. L., **Choquette, E.**, Rancourt, D., & Rodgers, R. (2019, March). *Internal weight-related locus of control and obligatory exercise: The role of weight preoccupation*. Poster presented at the International Conference of Eating Disorders, New York, NY.

8. Ahlich, E., **Choquette, E.**, Kelley, K., Simon, J., & Rancourt, D. (2019, March). Comparison of Food and Alcohol Disturbance (“drunkorexia”) among sorority and non-sorority members. Poster presented at the International Conference on Eating Disorders, New York, NY.
9. **Choquette, E. M.**, Verzijl, C. L., Ahlich, E., Lang, B., Rancourt, D. M., Thompson, J. K., Rodgers., R. F. (2018, April) *Could pressure from medical professionals to maintain a “healthy weight” increase eating disorder symptoms?* Poster presented at the International Conference on Eating Disorders, Chicago, IL.
10. **Choquette, E. M.**, Lang, B., Ahlich, E., Verzijl, C. L., Thompson, J. K., Rancourt, D. M. (2018, April) *Psychometric Evaluation of the Compensatory Eating and Behaviors in Response to Alcohol Consumption Scale (CEBRACS)*. Poster presented at the International Conference on Eating Disorders, Chicago, IL.
11. **Choquette, E. M.**, & Thompson, J. K. (2017, June) *Drunkorexia prevalence in a college sample and associations with eating disturbance*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
12. Rodgers, R. F., **Choquette, E. M.**, Lowy, A., & Thompson, J. K. (2017, June) *The relationship between perceived pressure from the media to maintain a “healthy weight” and eating disorder symptoms*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
13. Schaefer, L. M., **Choquette, E.**, Heinberg, L. J., Guarda, A. S., Schreyer, C. C., Shaumberg, K., Anderson, D. A., & Thompson, J. K. (2016, October). *Validation of the Sociocultural Attitudes Towards Appearance Questionnaire-4 (SATAQ-4) in a clinical sample and comparison with a college sample*. Poster presented at the annual Eating Disorder Research Society Meeting, New York, NY.
14. **Choquette, E. M.**, Schaefer, L., Rancourt, D., & Thompson, J. K. (2016, May) *Drunkorexia in athletes and non-athletes: A comparison of compensatory behaviors in response to alcohol use and associations with eating disorder symptoms*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
15. **Choquette, E. M.**, Ordaz, L., Rodgers, R., Melioli, T., Delage, B., Chabrol, H., Thompson, J. K. (2016, May) *A comparison of drunkorexia: Cross-cultural differences in compensatory behaviors in response to alcohol and associations with eating disorder symptoms*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
16. Lang, B., Ahlich, E., **Choquette, E.**, & Rancourt, D. (2016, May) *Possible mechanisms of the association between men's self-surveillance and body talk*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
17. Ahlich, E., Lang, B., **Choquette, E.**, & Rancourt, D. (2016, May) *Body talk, sport participation, and eating disorder symptoms in men*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
18. Schaefer, L. M., Wolfe, A., Krenik, D., **Choquette, E.**, Calogero, R. M., & Thompson, J. K. (2016, May). *Self-objectification and disordered eating: A meta-analysis*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.

19. Boepple, L., **Choquette, E. M.**, & Thompson J. K. (2015, April) *An exploration of appearance and health-related messages aimed towards pregnant women*. Poster presented at the International Conference for Eating Disorders, Boston, MA.

### **Regional and National Conferences**

1. **Choquette, E.M.**, Adamic, E.M., Ralph-Nearman C., Flux M.C., Chappelle S., Naegele J., Upshaw V., Morton A., Touthang J., Ly R., Feusner J.D., Arevian A.C., Moseman S.E., Paulus M.P., Feinstein J.S., Khalsa S.S. (2023, November) *Longitudinal Impact of an Interoceptive Therapy on Disordered Eating Symptoms in Anorexia Nervosa*. Poster presented at the NIH Interoception Conference, Bethesda MD.
2. Cannon, M.J., **Choquette, E.M.**, Akeman, E., Berg, H., McDermott, T.J., Aupperle, R.L. (2023, November). *Investigating the Role of Neuropsychological Functioning in Anxiety, Depression, and Therapy Outcomes*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Conference, Seattle, WA.
3. Berg, H., ... **Choquette, E.M.**, ... & Aupperle, R.L. (2023, April). *Behavioral activation and exposure therapy improve anxiety symptoms and alter neural processing of approach-avoidance conflict*. Poster presented at the Anxiety and Depression Association of America (ADAA) Conference, Washington, DC.
4. Berry, K.A., **Choquette, E.M.**, Rancourt, D., Briles, E., & Looby, A. (2023, March). Methodological issues in the assessment of food and alcohol disturbance: A systematic review. In A. J., Bravo (Chair), Novel measurement and assessments for understanding addiction across diverse populations. Symposium to be presented at the 11th annual meeting of the Collaborative Perspectives on Addiction, Albuquerque, NM.
5. Cannon, M.J., Akeman, E., Kirlic, N., Kuplicki, R., Forthman, K.L., McMillan, N., **Choquette, E.M.**, Mesker, M., Tarrasch, M., Paulus, M.P., & Aupperle, R.L. (2022, March). *Investigating the impact of a SUD treatment program on self-reported interoception, impulsivity, PTSD and mental health symptoms*. Poster presentation at the annual meeting of the Anxiety and Depression Association of America (ADAA), Denver, CO, USA.
6. Verzijl, C. L., **Choquette, E.**, Ahlich, E., & Rancourt, D. (2019, November). *Approach and avoidance food craving: How do the dimensions of craving change over the course of eating disorder treatment?* Poster presented at presentation at the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
7. Verzijl, C. L., Ahlich, E., Lang, B., **Choquette, E.**, Rancourt, D. (2018, November). *Psychiatric symptom contributors to weight loss after bariatric surgery*. Paper presented at the Association of Behavioral and Cognitive Therapies, Washington, D.C.
8. Besterman-Dahan, K., Downs, K., Lind, J., Assaf, A., Murphy, S., **Choquette, E. M.**, Hangartner, R., & Salach, J. (2018, June) *Assessing the impact of story based arts on veterans' recovery and reintegration: Lessons learned through an interdisciplinary approach to evaluation design, implementation, and analysis*. Poster presented at the Performing Arts Medicine Association Conference, Tampa, FL.



9. Ordaz, D. L., Schaefer, L. M., **Choquette, E.**, Wallace L., Schueler, J., & Thompson, J. K. (2016, September). Sociocultural pressures to be thin and eating pathology among Hispanic, Black, and White women. Poster presented at the National Latina/o Psychological Association's 2016 Biennial Conference, Orlando, FL, USA.
10. Rosenbaum, D. A., **Choquette, E. M.**, & Davis, S. (2015, April) *Differences in adjustment to college: Athletes vs. non-athletes*. Poster presented at the American Medical Society for Sports Medicine, Hollywood, FL.

### **Local Conferences**

**Choquette, E. M.**, & Waugh, C. (2013, October). *Mitigating social defeat*. Poster presented at Undergraduate Research Day, Wake Forest University, Winston-Salem, NC.

### **Other Trainings and Workshops**

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| 2020 | <b>Intensive PE Workshop</b><br><b>Michael E. DeBakey VA Medical Center</b><br>-Attended an intensive 4 day training led by national PE rollout psychologist<br>-Learned theoretical and research background of PE and skills for engagement in treatment |
| 2018 | <b>Trauma-Informed Guilt Reduction Therapy (TrIGR) Workshop</b><br><b>James A. Haley VA, PTSD Clinic</b><br>-Completed a full day training on basic principles, theoretical foundations, an overview of the protocol, and guided roleplay.                |
| 2017 | <b>CPT Online Course</b><br><b>Medical University of South Carolina</b><br>-Completed web-based learning course for introduction of fundamental CPT skills  |
| 2016 | <b>QPRT Suicide Risk Assessment and Management Training</b><br><b>University of South Florida Clinical Psychology Program</b><br>-Advanced training in suicide risk assessment and safety planning  |
| 2016 | <b>Introduction to Dialectical Behavioral Therapy Workshop</b><br><b>University of South Florida Clinical Psychology Program</b><br>-Completed training on the basic principles and theoretical foundations of DBT  |

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## Teaching Experience

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Lab Instructor:	<b>Research Methods:</b>	Summer 2017; Fall 2015; Summer 2015; AY 2014-2015
	<b>Psychological Statistics:</b>	Spring 2016
Course Assistant:	<b>Abnormal Psychology:</b>	Fall 2016; Fall 2017
Guest Lecture:	<b>Abnormal Psychology:</b>	Current Paradigms in Psychology, Fall 2017
		Dissociative Disorders, Fall 2016
	<b>Psychology of Learning:</b>	Classical Conditioning: Underlying Processes & Practical Applications, Fall 2015
	<b>Health Psychology:</b>	Physiological Effects of Stress, Fall 2015
	<b>Research Methods:</b>	Factorial Designs, Fall 2015, Pseudoscience, Spring 2015

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## Service to University and Community

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2021 – Present	LIBR Diversity Committee, Member
2021 – 2023	LIBR Philanthropy Committee, Member
2019 – 2020	USF Diversity Committee, Member
2018 – 2020	USF Clinical training Committee, Member
2018 – 2020	USF Psychological Services Center Advisory Committee, Member
2016 – 2017	Graduate Assistant, Admissions Coordinator for the University of South Florida Clinical Doctoral Program
2015 – 2016	Coordinator of the University of South Florida Clinical Brown Bag Series

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## Professional Memberships

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2014 – Present	Academy for Eating Disorders (AED), Member
2019 – 2021	Association for Behavioral and Cognitive Therapies (ABCT)
2014 – 2021	American Psychological Association (APA), Student Affiliate Member Division 19 Military Psychology (2020) Division 56 Trauma (2020)

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## Manuscript Review

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### Invited Manuscript Review (Year of First Review)

Eating Behaviors (2023)

Frontiers in Psychology (2023)

Obesity Science and Practice (2023)

International Journal of Environmental Research and Public Health (2023)

Performance Enhancement and Health (2022)

European Review of Applied Psychology (2022)

Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity (2021)

Journal of American College Health (2021)

Body Image (2020)

American Journal of Men's Health (2020)

**Ad-Hoc Manuscript Reviews (Year of First Request)**

Journal of Eating Disorders (2023)

Psychophysiology (2022)

Australian Psychologist (2020)

Developmental Psychology (2020)

Journal of Applied Developmental Psychology (2020)

American Journal of Public Health (2019)

International Journal of Eating Disorders (2018)

Appetite (2018)

Eating Behaviors (2017)

Psychological Assessment (2017)

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**References**

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**Please contact for references**